We claim:

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1. A quaternary ammonium compound of formula I

and any stereoisomers thereof, wherein

 R_1 is selected from C_1 - C_6 alkyl, - CH_2 -(C_1 - C_4 alkenyl), and - CH_2 -(C_1 - C_6 alkynyl), each of which is optionally substituted with a group selected from phenyl, C_1 - C_4 alkoxy, and hydroxyl; and

X represents an anion of a pharmaceutically acceptable acid.

- 2. The compound of claim 1, wherein X is selected from the group consisting of the anions of the following acids: tartaric, hydrochloric, hydrobromic, hydroiodic, sulfuric, phosphoric, nitric, citric, methanesulfonic, CH₃-(CH₂)_n-COOH where n is 0-4, HOOC-(CH₂)n-COOH where n is 1-4, HOOC-CH=CH-COOH, and benzoic.
- 3. The compound of claim 1, wherein X is selected from the group consisting of iodide, bromide, and chloride.
 - 4. The compound of claim 1, wherein X is iodide.
 - 5. The compound of claim 1, wherein X is bromide.
 - 6. The compound of claim 1, wherein X is chloride.
 - 7. The compound of claim 1, wherein R_1 is methyl.
- 8. A pharmaceutical composition comprising a therapeutically effective amount of a quaternary ammonium compound of formula I

and any stereoisomers thereof, wherein

 R_1 is selected from C_1 - C_6 alkyl, - CH_2 -(C_1 - C_4 alkenyl), and - CH_2 -(C_1 - C_6 alkynyl), each of which is optionally substituted with a group selected from phenyl, C_1 - C_4 alkoxy, and hydroxyl; and

5 X represents an anion of a pharmaceutically acceptable acid.

- 9. The pharmaceutical composition of claim 8, wherein the pharmaceutical composition further comprises a suitable pharmaceutical carrier.
- 10. The method of treating a mammal for asthma, Chronic Obstructive Pulmonary Disease, allergic rhinitis, and infectious rhinits, comprising: administering a therapeutically effective amount of a quaternary ammonium compound of formula I, having the structure

and any stereoisomers thereof, wherein

15 R_1 is selected from C_1 - C_6 alkyl, - CH_2 -(C_1 - C_4 alkenyl), and - CH_2 -(C_1 - C_6 alkynyl), each of which is optionally substituted with a group selected from phenyl, C_1 - C_4 alkoxy, and hydroxyl; and

X represents an anion of a pharmaceutically acceptable acid.